

Pflichtzeiten für die Österreichischen HALLENMEISTERSCHAFTEN der NACHWUCHSKLASSE im SCHWIMMEN 2024
08.-10. März 2024
Rudolph-Tabelle 2020, Stufe 5 – siehe unten

			FREISTIL					BRUST		SCHMETTERLING		RÜCKEN		LAGEN	
GE	JG	AK	100	200	400	800	1500	100	200	100	200	100	200	200	400
M	2013	11	01:14,53	02:44,89	05:44,08	11:59,23		01:35,18	03:24,75	01:23,10	03:07,36	01:25,13	03:03,00	03:02,86	06:32,40
M	2012	12	01:09,68	02:33,72	05:18,04	11:26,32		01:27,45	03:10,04	01:16,48	02:52,03	01:19,04	02:50,22	02:50,87	06:05,12
M	2011	13	01:06,07	02:24,91	05:07,92	10:56,54		01:23,30	03:00,88	01:11,43	02:40,55	01:14,33	02:41,61	02:41,87	05:44,83
M	2010	14	01:03,93	02:19,98	04:58,40		19:42,85	01:20,15	02:54,25	01:08,89	02:34,87	01:11,70	02:35,49	02:37,32	05:34,74
M	2009	15	01:02,10	02:15,29	04:49,24		19:17,99	01:18,63	02:50,90	01:06,49	02:29,92	01:09,93	02:31,84	02:33,21	05:27,78
M	2008	16	01:01,30	02:13,70	04:44,88		18:51,68	01:16,87	02:46,27	01:05,49	02:26,97	01:08,23	02:28,43	02:30,63	05:20,59
GE	JG	AK	100	200	400	800		100	200	100	200	100	200	200	400
W	2013	11	01:15,68	02:43,89	05:48,57	12:00,20		01:35,03	03:26,14	01:23,92	03:08,87	01:25,13	03:03,72	03:05,58	06:35,70
W	2012	12	01:12,25	02:38,40	05:30,72	11:29,98		01:31,23	03:16,16	01:19,71	02:57,13	01:20,39	02:53,94	02:56,04	06:16,54
W	2011	13	01:09,54	02:30,70	05:17,93	10:57,08		01:27,47	03:08,37	01:15,81	02:48,84	01:17,73	02:48,03	02:50,25	05:59,97
W	2010	14	01:07,74	02:26,64	05:10,21	10:36,86		01:25,79	03:05,36	01:13,56	02:43,93	01:15,98	02:43,93	02:46,12	05:53,29
W	2009	15	01:06,69	02:24,55	05:05,01	10:29,41		01:23,96	03:01,53	01:12,67	02:40,46	01:15,27	02:41,23	02:43,33	05:47,55
W	2008	16	01:06,50	02:23,17	05:02,20	10:22,40		01:23,39	02:59,33	01:11,58	02:39,01	01:14,78	02:39,90	02:41,89	05:43,24